

Southern Living®

2013

SUMMER

IN THE

SOUTH

NASHVILLE, TN

LOCAL'S GUIDE

Insider picks for the best places to eat, drink, and cool off

EVENTS CALENDAR

What to do and where to go from Memorial Day to Labor Day

MUST-TRY COCKTAIL

Summer's new drink—a Pimm's Cup meets an Old Fashioned

BEACH BAG

Your new summer style essentials—all made in the South

SUMMER SOUND TRACK

The Southern-bred songs you'll listen to on repeat all season



NASHVILLE, TN

LOCAL'S GUIDE

HOLLY WILLIAMS

MUSICIAN & OWNER OF H. AUDREY, @HOLLYWILLIAMS1



THE BEST ROOFTOP BAR IS Watermark Restaurant. It's perfect for an afternoon cocktail overlooking the downtown skyline. watermark-restaurant.com

I AM TRACKING DOWN the Biscuit Love Truck (biscuitlovetruck.com) for an East Nasty, a homemade biscuit with buttermilk fried chicken, Kenny's Farmhouse Cheddar (kennyscountrycheese.com), and sausage gravy—it's slap-your-mama good.

I HIT HAPPY HOUR at Taco Mamacita for its stellar margaritas and perfect queso. tacomamacita.com

MY SUMMER READING LIST INCLUDES *My Life In France*, the story of Julia Child. I try to read it every summer. Get a copy at Parnassus Books. parnassusbooks.net

A NEW RESTAURANT TOTALLY WORTH THE BUZZ IS Husk. My favorite restaurant in the South has

now opened in Nashville! Order the fried green tomatoes. husknashville.com

I'D BEAR A BRAIN FREEZE FOR Las Paletas' Mexican caramel and avocado (yes, avocado) gourmet ice pops. 615/386-2101

I FIND SHADE under the trees at the historic Duck River ferry site off the Natchez Trace. It is always a ghost town, and the dogs have miles to run and jump in creeks. It's a bit hard to find, but you will not regret the drive. natcheztracetravel.com

LOOK LIKE A LOCAL with a super-soft T-shirt from Imogene + Willie (imogeneandwillie.com), a pair of Mother jeans from H. Audrey (haudrey.com), a fab necklace from Haven (sanctuaryofstyle.com) in Franklin, Old Gringo boots from The Perfect Pair (theprecetpairnashville.com) in Green Hills, and a great bag from Peter Nappi (petermappi.com) in Germantown.

I COOL OFF AT Old Hickory Lake for a day of boating and tubing. tennesseelakeinfo.com/oldhickory

I'M DAY TRIPPING TO downtown Franklin. It's chock-full of amazing local shops, antique stores, and yeast rolls that will blow your mind at H.R.H. Dumplin's. 615/791-4651

MY ROAD TRIP PLAYLIST INCLUDES local band The Leagues led by the ever-brilliant Thad Cockrell. The song "Spotlight" is my summer jam. leaguesmusic.com



NASHVILLE, TN

EVENTS CALENDAR

WHAT TO DO & WHERE TO GO

FROM MEMORIAL DAY TO LABOR DAY

MAY 28-31

NASHVILLE SOUNDS VS. IOWA CUBS

Herschel Greer Stadium.
\$8 and up; milb.com

MAY 31

BREW AT THE ZOO

Live music, food trucks,
and beer tastings
at the Nashville Zoo.
6:30 p.m., \$50;
rhizomeproductions.com

MAY 31-JUNE 2

NASHVILLE SONGWRITERS FESTIVAL

Shows by writers behind
some of country's top hits.
12 p.m., \$20 and up;
songwritersfestival.org

JUNE 1

DOWNTOWN NASHVILLE ART CRAWL

Free art shows and food
along 5th Avenue on the first
Saturday of every month.
6 p.m., free;
nashvilledowntown.com

JUNE 2

VINTAGE BASEBALL

Recreation of 1860s
baseball games at the
Carnton Plantation House.
12 p.m., free;
battleoffranklintrust.org

JUNE 6

SUMMER NIGHTS AT THE HILL

Naturalist-led astronomy
and wildlife classes.
6:30 p.m., \$10;
owlshill.org

JUNE 8

NASHVILLE UNLEASHED SHOW

Wine tastings, dinner,
and live music every Saturday
at Natchez Hill Vineyard.
6:30 p.m., \$25 and up;
nashvilleunleashed.com

JUNE 10-13

**NASHVILLE SOUND VS.
OMAHA STORM CHASERS**

Herschel Greer Stadium.
\$8 and up; milb.com

JUNE 14-17

**NASHVILLE SOUND VS.
NEW ORLEANS ZEPHYRS**

Herschel Greer Stadium.
\$8 and up; milb.com

JUNE 21

FULL MOON PICKIN' PARTY

Live bluegrass and jam
sessions at Percy
Warner Park.
7 p.m., \$15;
friendsofwarnerparks.com

JUNE 22

NISSAN TASTE OF MUSIC CITY

Samples from local
restaurants at
Riverfront Park.
5 p.m., \$55;
tasteofmusiccity.com

JUNE 27-30

**NASHVILLE SOUND VS.
OKLAHOMA CITY REDHAWKS**

Herschel Greer Stadium.
\$8 and up; milb.com

CMA MUSIC FESTIVAL

JUNE 6-9

The big concert with artists such as Taylor Swift and Luke Bryan sells out months ahead, but you'll catch impromptu shows from some of country's best musicians at downtown venues as hundreds of stars descend on Music City. cmafest.com

EDITORS' PICK



NASHVILLE, TN

JUNE 30

VINTAGE BASEBALL

Recreation of 1860s baseball games at the Carnton Plantation House. 12 p.m free; battleoffranklintrust.org

JULY 1-3

NASHVILLE SOUND VS. ROUND ROCK EXPRESS

Herschel Greer Stadium. \$8 and up; milb.com

JULY 4-6

LET FREEDOM SING

Music by The Band Perry and fireworks show at The Lawn at Riverfront Park. 12 p.m., free; visitmusiccity.com

JULY 11-14

NASHVILLE SOUND VS. MEMPHIS REDBIRDS

Herschel Greer Stadium. \$8 and up; milb.com

JULY 19

FULL MOON PICKIN' PARTY

Live bluegrass and jam sessions at Percy Warner Park. 7 p.m., \$15; friendsofwarnerparks.com

JULY 22-25

NASHVILLE SOUND VS. ALBUQUERQUE ISOTOPES

Herschel Greer Stadium. \$8 and up; milb.com

JULY 23

SUMMER NIGHTS AT THE HILL

Naturalist-led astronomy and wildlife classes. 6:30 p.m., \$10 and up; owlshill.org

JULY 27

MAFIAOZA'S MUSIC CITY BREWER'S FESTIVAL

Tastings of local beers at Riverfront Park. 12-4 p.m., \$35 and up; musiccitybrewersfest.com

JULY 30-AUGUST 2

NASHVILLE SOUND VS. LAS VEGAS 51S

Herschel Greer Stadium. \$8 and up; milb.com

AUGUST 3-6

NASHVILLE SOUND VS. TUCSON PADRES

Herschel Greer Stadium. \$8 and up; milb.com

AUGUST 7

SUMMER NIGHTS AT THE HILL

Naturalist-led astronomy and wildlife classes. 6:30 p.m., \$10; owlshill.org

AUGUST 10

TOMATO ARTS FESTIVAL

Tomato-inspired art, live music, and local food vendors in East Nashville. 10 a.m., free; tomatoartfest.com

EDITORS' PICK

MUSIC CITY HOT CHICKEN FESTIVAL

JULY 4

The local speciality is on display as area restaurants such as Prince's and 400 Degrees serve up their best version of hot chicken. Wash it down with Yazoo Brewing Company tastings at East Park. nashvillehotchickenfestival.com

AUGUST 15-SEPTEMBER 15

SHAKESPEARE IN THE PARK

Works by the Bard performed at Centennial Park. 6:30 p.m. (Thursdays-Sundays), \$10; nashvilleshakes.org

AUGUST 16-20

NASHVILLE SOUND VS. ROUND ROCK EXPRESS

Herschel Greer Stadium. \$8 and up; milb.com

AUGUST 23

FULL MOON PICKIN' PARTY

Live bluegrass and jam sessions at Percy Warner Park. 7 p.m., \$15; friendsofwarnerparks.com

AUGUST 23-24

MUSIC CITY FESTIVAL AND BBQ CHAMPIONSHIP

Barbecue samples from more than 100 pitmasters at River front Park. 4 p.m. Friday, 11 a.m. Saturday, \$10 and up; musiccitybbqfestival.com

AUGUST 25

VINTAGE BASEBALL

Recreation of 1860s baseball games at the Carnton Plantation House. 12 p.m., free; battleoffranklintrust.org

AUGUST 30-SEPTEMBER 1

NASHVILLE SOUND VS. IOWA CUBS

Herschel Greer Stadium. \$8 and up; milb.com



NASHVILLE, TN

THE DRINK

PIMM BOB

AN OLD FASHIONED MEETS A PIMM'S CUP WITH A TOUCH OF SAZERAC FLAIR.

THE RECIPE

Muddle 2 fresh tarragon sprigs; 1 lemon slice; 1 orange slice; 1 strawberry, quartered; 1 to 1 ½ Tbsp. simple syrup; and 2 dashes of Peychaud's bitters in a 12-oz. glass to release flavors. Fill glass with ice cubes. Add ¼ cup each rye whiskey and chilled club soda; gently stir.

MAKES 1 SERVING.





NASHVILLE, TN

BEACH BAG

STYLE ESSENTIALS

YOUR NEW MUST-HAVES FOR THE BEACH AND BEYOND—ALL MADE IN THE SOUTH

THE BAG: **CJ Laing**, PALM BEACH, FL
A secret pocket keeps keys safe.
\$98; cjlainshop.com

THE SCARF: **Daisy G**, TYBEE ISLAND, GA
Doubles as a head wrap to hide frizz. \$117; daisyg.us (shown on hat)

THE SHADES: **Tumbleweeds**;
LOUISVILLE, KY Wood veneered and
made by hand. \$85; [tumbleweeds
handcraft.bigcartel.com](http://tumbleweeds
handcraft.bigcartel.com)

THE SHOES: **Rowen**, CHARLESTON, SC
Soles have memory foam
for extra comfort. \$98;
rowenfootwear.com

THE BALM: **The Natural Apothecary**,
SPARTANBURG, SC Goes on light
and provides SPF 15. \$3;
thenaturalapothecary.etsy.com

THE HAT: **Diana E. Kelly**, SARASOTA, FL
Subtle wiring on the brim offers
sturdiness. \$40; dianaekelly.com

THE BEACH BLANKET: **Scents & Feel**
MIAMI Oh-so soft and more than
6 feet long. \$73; scentsandfeel.com

THE SUMMER READ: **Z: A Novel of
Zelda Fitzgerald**
A juicy read chock-full of anec-
dotes of the Southern socialite's
pendant for excess and
mischief. \$25; amazon.com





NASHVILLE, TN

SUMMER SOUND TRACK

SOUTHERN MIXTAPE

MUSIC WRITER RACHAEL MADDUX SHARES HER PICKS FOR THE SOUTHERN-BRED SONGS YOU'LL LISTEN TO ALL SUMMER

ATLANTA, GA

"Rooting for the Underdog"

GENTLEMAN JESSE,
LEAVING ATLANTA

Headstrong garage rock from a dude less mannered than his name suggests

AUBURN, AL

"A Charm / A Blade"

PHOSPHORESCENT, *MUCHACHO*

Although he has decamped to Brooklyn, Matthew Houck still shows his Southern roots on this raggedy romp

AUSTIN, TX

"Marathon"

HEARTLESS BASTARDS, *ARROW*

A languid, sun-dappled charmer led along by the gloriously yowling Erika Wennerstrom

BIRMINGHAM, AL

"Sugar Dyed Honey Pants"

ST. PAUL AND THE BROKEN BONES,
GREETINGS FROM ST. PAUL AND THE BROKEN BONES

Retro soul from an energetic, battered-'n'-fried six piece

BIRMINGHAM, AL

"Lips & Limbs"

WAXAHATCHEE, *CERULEAN SALT*

Twenty-something malaise rendered into janky rock that sounds like drinking beer and skipping stones on the Alabama lake the band is named after

CHAPEL HILL, NC

"Younger Days"

MOUNT MORIAH, *MIRACLE TEMPLE*

Shimmering like hot pavement in August, an ode to small town life and the ones that get away

CHAPIN, SC

"Baby Center Stage"

IRON AND WINE, *GHOST ON GHOST*

Pedal steel and honeyed brass nudge whiskey folkmaster Sam Beam towards a bigger, broader sound

CHARLESTON, SC

"Keeper"

SHOVELS & ROPE, *O' BE JOYFUL*

Sly, sticky dive-bar country rock from husband-and-wife team Michael Trent and Cary Ann Hearst

FLORENCE, AL

"Let There Be Lonely"

THE SECRET SISTERS, (SINGLE FROM UNNAMED ALBUM)

Laura and Lydia Rogers keep heartfelt harmonies, trade up on richer country-rock production

FRANKLIN, TN

"Daydreaming"

PARAMORE, *PARAMORE*

Pop-punk wunderkind Hayley Williams grows up, sharpens hooks, digs in

GOLDEN, TX

"Follow Your Arrow"

KACEY MUSGRAVES,
SAME TRAILER DIFFERENT PARK

Country's new rebel sweetheart lays out her devil-may-care, catchy-as-hell mantra

JOHNSON CITY, TN

"Another Man"

JILL ANDREWS, *THE MIRROR*

Unheralded queen of heart-break offers a jaunty preview of her next big mistake

KNOXVILLE, TN

"You Ain't Dolly (And You Ain't Porter)" feat. Blake Shelton

ASHLEY MONROE, *LIKE A ROSE*

An old-school tete-a-tete between one of Nashville's biggest stars and one of its brightest new ones

NASHVILLE, TN

"Honey"

TORRES, *TORRES*

A guitar-crunched contemplation on faltering love, swirling up as slow and dark as a July thunderhead

NEW ORLEANS, LA

"Little Black Star"

HURRAY FOR THE RIFF RAFF,
LOOK OUT MAMA

A zydeco-folk romp through alligator-infested swamps with Alynda Lee Segarra and her rag-tag compatriots

RICHMOND, VA

"Steady Pace"

MATTHEW E. WHITE, *BIG INNER*

A cosmically chill, avant-American vibe summoned by a guy with style to spare