

Southern Living®

2013

SUMMER

IN THE

SOUTH

# BIRMINGHAM, AL

## LOCAL'S GUIDE

Insider picks for the best places to eat, drink, and cool off

## EVENTS CALENDAR

What to do and where to go from Memorial Day to Labor Day

## MUST-TRY COCKTAIL

Summer's new drink—a Pimm's Cup meets an Old Fashioned

## BEACH BAG

Your new summer style essentials—all made in the South

## SUMMER SOUND TRACK

The Southern-bred songs you'll listen to on repeat all season



# BIRMINGHAM, AL

## LOCAL'S GUIDE

# DUQUETTE JOHNSTON

MUSICIAN, @REBELKING



### I KNOW IT'S SUMMER IN THE CITY

WHEN all the critters are swimming in the Cahaba River by the Grants Mill Road Bridge.

[cahabariversociety.org](http://cahabariversociety.org)

### I'M CATCHING THE SUNSET AT

the 22nd Street viaduct [downtown]. You get amazing views of the skyline, train tracks below, and the Vulcan statue.

### MY PERFECT SUMMER DAY

starts with a yerba maté latte from Church Street Coffee & Books ([churchstreetshop.com](http://churchstreetshop.com)). Then I'd go to an estate sale before getting lunch from the Taqueria Guzman (205/941-0244) food truck. A Barons game ([barons.com](http://barons.com)) in the afternoon is a must, followed by a show at The Bottletree Cafe ([thebottletree.com](http://thebottletree.com)).

**I COOL OFF AT** Turkey Creek Nature Preserve, where the water is ice cold. [bsc.edu/sec/ecoscape/turkeycreek.cfm](http://bsc.edu/sec/ecoscape/turkeycreek.cfm)

**I DON'T LEAVE HOME WITHOUT** a swimsuit. The opportunity for swimming pops up in a second in the South this time of year. Shaia's has some killer trunks and towels. [shaias.com](http://shaias.com)

**ONE NEW RESTAURANT TOTALLY WORTH THE BUZZ IS** Bettola's new sister restaurant, Vittoria Macelleria. The atmosphere cannot be beat. It feels like a real European bistro. 205/731-6499

**I'D BEAR A BRAIN FREEZE FOR** the Thai iced-coffee-flavored shaved ice from Ono Ice. [facebook.com/onoicebham](http://facebook.com/onoicebham)

### MY SUMMER PLAYLIST INCLUDES

local artists such as Sanders Bohlke, The Green Seed, Shaheed and DJ Supreme, Preston Lovinggood, Dead Fingers, BEiTTHEMEANS—there's so much great music happening here right now.

**I FIND SHADE AT** Ruffner Mountain. It's one of the largest privately managed land preserves in the country. It's got an awesome canopy of trees and great trails, and the nature center is incredible. You could spend all day there. [ruffnermountain.org](http://ruffnermountain.org)

**I ESCAPE SUMMER RAINSTORMS** at The Pine Bowl in Fultondale. It's a family-owned bowling alley, and it has the best juke box and patty melts in town. 205/841-4353



# BIRMINGHAM, AL

## EVENTS CALENDAR

# WHAT TO DO & WHERE TO GO

FROM MEMORIAL DAY TO LABOR DAY

MAY 29

**18TH ANNUAL RICKWOOD CLASSIC**  
Birmingham Barons vs. Tennessee Smokies  
Rickwood Field. 12:30 p.m., \$10; [barons.com](http://barons.com)

MAY 31-JUNE 1

**MAGIC CITY BREWFEST**  
Local beer samples, live music, and food vendors at Sloss Furnaces. 7-11 p.m. on May 31 and 4-8 p.m. on June 1, \$40 and up; [magiccitybrewfest.com](http://magiccitybrewfest.com)

JUNE 1

**COLOR ME RAD 5K**  
Runners get painted with colored cornstarch while racing at Hoover Metropolitan Stadium. 9 a.m., \$45 and up; [colormerad.com](http://colormerad.com)

JUNE 1

**BOB SYKES BBQ & BLUES FESTIVAL**  
Barbecue samples, live blues, and arts and crafts at DeBardeleben Park in downtown Bessemer. 1-9 p.m., \$8 and up; [bobsykesblues.com](http://bobsykesblues.com)

JUNE 2

**BIG BOI "SHOES FOR RUNNING" CONCERT**  
Avondale Brewing Co.  
7 p.m., \$25 and up; [avondalebrewing.com](http://avondalebrewing.com)

JUNE 2

**VULCAN'S 109TH BIRTHDAY BASH**  
Museum tours, kids' activities (such as face painting), and live music at Vulcan Park. 12-4 p.m., \$5; [visitvulcan.com](http://visitvulcan.com)

JUNE 2

**THE PRESERVE JAZZ MUSIC FESTIVAL**  
Live jazz by artists such as Spyro Gyra, Kim Scott, and Eric Essix at The Preserve in Hoover. 4 p.m., \$40 and up; [preservejazz.com](http://preservejazz.com)

JUNE 5-8

**MISS ALABAMA PAGEANT**  
Wright Center at Samford University. \$25 and up; [missalabama.com](http://missalabama.com)

JUNE 6

**FARM STANDS ON THE RAILROAD!**  
Farm House of Homewood and Grow Alabama sell fresh produce every Thursday at Railroad Park. 3:30-7:30 p.m.; [railroadpark.org](http://railroadpark.org)

JUNE 6

**FIRST THURSDAYS**  
Extended gallery hours, cocktails, and tapas at the Birmingham Museum of

Art. 5-9 p.m., free admission, \$13 for food and \$5 for drinks; [artsbma.org](http://artsbma.org)

JUNE 7-9

**SYMPHONY IN THE SUMMER**  
Alabama Symphony Orchestra summer concert series at Railroad Park. 10 a.m., free; [railroadpark.org](http://railroadpark.org)

JUNE 8

**JAGERMEISTER COUNTRY TOUR FEATURING AARON LEWIS**  
Iron City. 8 p.m., \$30; [ironcitybham.com](http://ironcitybham.com)

JUNE 9-SEPTEMBER 1

**COLLECTING THE AFRICAN DIASPORA EXHIBIT**  
Birmingham Museum of Art. free; [artsbma.org](http://artsbma.org)

JUNE 7-11

**BIRMINGHAM BARONS VS. JACKSONVILLE SUNS**  
Regions Field. \$7 and up; [barons.com](http://barons.com)

EDITORS' PICK

## JUNETEENTH CULTURE FEST

JUNE 1

This year's spirited celebration of African-American history, music, heritage, and food is bigger than ever as the city marks the 50th anniversary of the Civil Rights Movement. [bcri.org](http://bcri.org)



# BIRMINGHAM, AL

**JUNE 13-16**

**34TH ANNUAL NATIONAL SACRED HARP SINGING CONVENTION**

First Christian Church. 9:30 a.m., open to the public; [fasola.org](http://fasola.org)

**JUNE 13-17**

**BIRMINGHAM BARONS VS. JACKSON GENERALS**

Regions Field. \$7 and up; [barons.com](http://barons.com)

**JUNE 14-15**

**THE BLACK JACKET SYMPHONY PRESENTS THE ROLLING STONES' SOME GIRLS**

WorkPlay. 8 p.m., \$25; [workplay.com](http://workplay.com)

**JUNE 15-16**

**TANNEHILL TRADE DAYS**

Craft sales, blacksmith workshops, and a potluck-style lunch at Tannehill Ironworks Historical State Park. 8 a.m., \$3; [tannehill.org](http://tannehill.org)

**JUNE 21**

**THIRD FRIDAY IN FOREST PARK**

Extended gallery hours and deals at neighborhood restaurants such as Little Savannah and Silvertron Cafe. 5 p.m., free; [nakedartusa.com](http://nakedartusa.com)

**JUNE 24-28**

**BIRMINGHAM BARONS VS. HUNTSVILLE STARS**

Regions Field. \$7 and up; [barons.com](http://barons.com)

**JUNE 27**

**RELAX BY THE TRACKS**

Live music and food trucks at Railroad Park. 5-8 p.m., free; [railroadpark.org](http://railroadpark.org)

**JUNE 28**

**ROB DELANEY COMEDY SHOW**

The Bottletree Cafe. 8 p.m., \$16; [thebottletree.com](http://thebottletree.com)

**JULY 4**

**THUNDER ON THE MOUNTAIN**

Fireworks from atop Vulcan Park and Museum. 9 p.m., free; [visitvulcan.com](http://visitvulcan.com)

**JULY 4-8**

**BIRMINGHAM BARONS VS. MISSISSIPPI BRAVES**

Regions Field. \$7 and up; [barons.com](http://barons.com)

**JULY 18-22**

**BIRMINGHAM BARONS VS. CHATTANOOGA LOOKOUTS**

Regions Field. \$7 and up; [barons.com](http://barons.com)

**JULY 19**

**THIRD FRIDAY IN FOREST PARK**

Extended gallery hours and deals at neighborhood restaurants such as Little Savannah. 5 p.m., free; [nakedartusa.com](http://nakedartusa.com)

**JULY 20-21**

**TANNEHILL TRADE DAYS**

Craft sales, blacksmith workshops, and a potluck at Tannehill Ironworks Historical State Park. 8 a.m.-4 p.m., \$3; [tannehill.org](http://tannehill.org)

**JULY 23-27**

**BIRMINGHAM BARONS VS. MOBILE BAYBEARS**

Regions Field. \$7 and up; [barons.com](http://barons.com)

**JULY 26**

**LINDSEY HINKLE WITH KELLI JOHNSON CONCERT**

WorkPlay. 8 p.m., \$10; [workplay.com](http://workplay.com)

**AUGUST 1**

**FIRST THURSDAYS**

Extended gallery hours, cocktails, and tapas at the Birmingham Museum of Art. 5-9 p.m., free admission, \$13 for food and \$5 for drinks; [artsbma.org](http://artsbma.org)

**AUGUST 2**

**MATCHBOX TWENTY AND THE GOO GOO DOLLS CONCERT**

Oak Mountain Amphitheatre. 7 p.m., \$47 and up; [livenation.com](http://livenation.com)

**AUGUST 2-3**

**SECRET STAGES**

Musicians and comedians perform at venues throughout town. Most shows are free; [secretstages.net](http://secretstages.net)

**AUGUST 2-6**

**BIRMINGHAM BARONS VS. PENSACOLA BLUE WAHOOS**

Regions Field. \$7 and up; [barons.com](http://barons.com)

**AUGUST 8**

**COCKTAILS IN THE GARDENS**

Sip and see the gardens at dusk at the Birmingham Botanical Gardens. 5:30

p.m., \$5 for nonmembers; [bbgardens.org](http://bbgardens.org)

**AUGUST 16-25**

**BIRMINGHAM RESTAURANT WEEK**

Prix fixe menus and drink specials at restaurants throughout town. [bhamrestaurantweek.com](http://bhamrestaurantweek.com)

**AUGUST 17-18**

**TANNEHILL TRADE DAYS**

Craft sales, blacksmith workshops, and a potluck at Tannehill Ironworks Historical State Park. 8 a.m., \$3; [tannehill.org](http://tannehill.org)

**AUGUST 18-22**

**BIRMINGHAM BARONS VS. TENNESSEE SMOKIES**

Regions Field. \$7 and up; [barons.com](http://barons.com)

**AUGUST 22**

**KEITH URBAN AND LITTLE BIG TOWN CONCERT**

Oak Mountain Amphitheatre. 7 p.m., \$30 and up; [livenation.com](http://livenation.com)

**AUGUST 23-25**

**SIDEWALK FILM FESTIVAL**

Dozens of independent movies at venues throughout downtown Birmingham. Some events are free; [sidewalkfest.com](http://sidewalkfest.com)

**AUGUST 29-SEPTEMBER 2**

**BIRMINGHAM BARONS VS. MONTGOMERY BISCUITS**

Regions Field. \$7 and up; [barons.com](http://barons.com)



# BIRMINGHAM, AL

## THE DRINK

# PIMM BOB

*AN OLD FASHIONED MEETS A PIMM'S CUP WITH A TOUCH OF SAZERAC FLAIR.*

## THE RECIPE

Muddle 2 fresh tarragon sprigs; 1 lemon slice; 1 orange slice; 1 strawberry, quartered; 1 to 1 ½ Tbsp. simple syrup; and 2 dashes of Peychaud's bitters in a 12-oz. glass to release flavors. Fill glass with ice cubes. Add ¼ cup each rye whiskey and chilled club soda; gently stir.

MAKES 1 SERVING.







# BIRMINGHAM, AL

## BEACH BAG

# STYLE ESSENTIALS

YOUR NEW MUST-HAVES FOR THE BEACH AND BEYOND—ALL MADE IN THE SOUTH

**THE BAG:** **CJ Laing**, PALM BEACH, FL  
A secret pocket keeps keys safe. \$98; [cjlaingshop.com](http://cjlaingshop.com)

**THE SCARF:** **Daisy G**, TYBEE ISLAND, GA  
Doubles as a head wrap to hide frizz. \$117; [daisyg.us](http://daisyg.us) (shown on hat)

**THE SHADES:** **Tumbleweeds**;  
LOUISVILLE, KY Wood veneered and made by hand. \$85; [tumbleweeds-handcraft.bigcartel.com](http://tumbleweeds-handcraft.bigcartel.com)

**THE SHOES:** **Rowen**, CHARLESTON, SC  
Soles have memory foam for extra comfort. \$98; [rowenfootwear.com](http://rowenfootwear.com)

**THE BALM:** **The Natural Apothecary**,  
SPARTANBURG, SC Goes on light and provides SPF 15. \$3; [thenaturalapothecary.etsy.com](http://thenaturalapothecary.etsy.com)

**THE HAT:** **Diana E. Kelly**, SARASOTA, FL  
Subtle wiring on the brim offers sturdiness. \$40; [dianaekelly.com](http://dianaekelly.com)

**THE BEACH BLANKET:** **Scents & Feel**  
MIAMI Oh-so soft and more than 6 feet long. \$73; [scentsandfeel.com](http://scentsandfeel.com)

**THE SUMMER READ:** **Z: A Novel of Zelda Fitzgerald**  
A juicy read chock-full of anecdotes of the Southern socialite's penchant for excess and mischief. \$25; [amazon.com](http://amazon.com)





# BIRMINGHAM, AL

## SUMMER SOUND TRACK

# SOUTHERN MIXTAPE

MUSIC WRITER RACHAEL MADDUX SHARES HER PICKS FOR THE SOUTHERN-BRED SONGS YOU'LL LISTEN TO ALL SUMMER

### ATLANTA, GA

#### "Rooting for the Underdog"

GENTLEMAN JESSE,  
*LEAVING ATLANTA*

Headstrong garage rock from a dude less mannered than his name suggests

### AUBURN, AL

#### "A Charm / A Blade"

PHOSPHORESCENT, *MUCHACHO*

Although he has decamped to Brooklyn, Matthew Houck still shows his Southern roots on this raggedy romp

### AUSTIN, TX

#### "Marathon"

HEARTLESS BASTARDS, *ARROW*

A languid, sun-dappled charmer led along by the gloriously yowling Erika Wennerstrom

### BIRMINGHAM, AL

#### "Sugar Dyed Honey Pants"

ST. PAUL AND THE BROKEN BONES,  
*GREETINGS FROM ST. PAUL AND THE BROKEN BONES*

Retro soul from an energetic, battered-'n'-fried six piece

### BIRMINGHAM, AL

#### "Lips & Limbs"

WAXAHATCHEE, *CERULEAN SALT*

Twenty-something malaise rendered into janky rock that sounds like drinking beer and skipping stones on the Alabama lake the band is named after

### CHAPEL HILL, NC

#### "Younger Days"

MOUNT MORIAH, *MIRACLE TEMPLE*

Shimmering like hot pavement in August, an ode to small town life and the ones that get away

### CHAPIN, SC

#### "Baby Center Stage"

IRON AND WINE, *GHOST ON GHOST*

Pedal steel and honeyed brass nudge whiskey folkmaster Sam Beam towards a bigger, broader sound

### CHARLESTON, SC

#### "Keeper"

SHOVELS & ROPE, *O' BE JOYFUL*

Sly, sticky dive-bar country rock from husband-and-wife team Michael Trent and Cary Ann Hearst

### FLORENCE, AL

#### "Let There Be Lonely"

THE SECRET SISTERS, (SINGLE FROM UNNAMED ALBUM)

Laura and Lydia Rogers keep heartfelt harmonies, trade up on richer country-rock production

### FRANKLIN, TN

#### "Daydreaming"

PARAMORE, *PARAMORE*

Pop-punk wunderkind Hayley Williams grows up, sharpens hooks, digs in

### GOLDEN, TX

#### "Follow Your Arrow"

KACEY MUSGRAVES,  
*SAME TRAILER DIFFERENT PARK*

Country's new rebel sweetheart lays out her devil-may-care, catchy-as-hell mantra

### JOHNSON CITY, TN

#### "Another Man"

JILL ANDREWS, *THE MIRROR*

Unheralded queen of heart-break offers a jaunty preview of her next big mistake

### KNOXVILLE, TN

#### "You Ain't Dolly (And You Ain't Porter)" feat. Blake Shelton

ASHLEY MONROE, *LIKE A ROSE*

An old-school tete-a-tete between one of Nashville's biggest stars and one of its brightest new ones

### NASHVILLE, TN

#### "Honey"

TORRES, *TORRES*

A guitar-crunched contemplation on faltering love, swirling up as slow and dark as a July thunderhead

### NEW ORLEANS, LA

#### "Little Black Star"

HURRAY FOR THE RIFF RAFF,  
*LOOK OUT MAMA*

A zydeco-folk romp through alligator-infested swamps with Alynda Lee Segarra and her rag-tag compatriots

### RICHMOND, VA

#### "Steady Pace"

MATTHEW E. WHITE, *BIG INNER*

A cosmically chill, avant-American vibe summoned by a guy with style to spare